



## Trinity Lutheran Child Learning Center DROP-OFF HINTS



### Hints for a Smooth Drop-Off and Transition from Home to TLCLC

- Make your morning as routine as possible. Your child will develop a sense of security about what is happening to him when he knows what to expect each day.
- Arrive in plenty of time to walk your child to their classroom and put their things away. If you are rushed and anxious about being late, your child will pick up the feeling.
- Greet their teachers and their friends. If necessary, hand your child over to the TLCLC teacher. Talk calmly during the exchange. Your child will eventually realize that Mommy and Daddy trust this person.
- Create a good-bye ritual. Do the same thing every day or allow your child to choose between two options. “Do you want a high five or a hug?” “Will it be a kiss or a wave or both? Blow kisses? Wave good-bye out the window? Repeating the same choices will stop the “one mores...” that children will ask for to stop you from leaving.
- Be consistent. Once the good-byes are said, turn and walk away. We want to discourage the children from running out of the classrooms for one more hug.
- Don’t sneak away. The goal is to develop trust so that your child will realize that mommy and daddy said good-bye. They went to work. They will always come back.
- If your child says they don’t want to go to school in the morning, take special care to talk about the positive things about school at home each evening. Ask about your child’s day. If possible, look at photos from the class Facebook group and share with your child.